

Instruction how to use

Pairs Balance

- Box **1**: Identification (ID/#) of the Static Holds (Top)
•Value in **A**
- Box **2**: Identification (ID/#) of Mounts(static included) & Motions Top
•Value in **B**
- Box **3**: Identification (ID/#) of the Static & Motions Base
•Value in **C**
- **D**: Top + 1 value for legs together
•Value in **D**

Pairs Dynamic

- Box 1: not used
- Box **2**: Identification (ID/#) of the Elements
•Value in **B**
- Box 3: not used
- **C** : + value for landing without support
- **D** : value of Links (*no coördinates!*)

Groups Balance

- Box 1: Identification (ID/#) of the Static Holds (Top)
•Value in **A**
- Box **2**: Identification (ID/#) of Mounts & Motions Top
•Value in **B**
- Box **3**: Identification (ID/#) of the Basic Pyramids & Transitions
•Value in **C**
- **D**: Top + 1 value for legs together
•Value in **D**

Groups Dynamic

- Box 1: not used
- Box **2**: Identification (ID/#) of the Elements
•Value in **B**
- Box 3: not used
- **C** : + value for landing without support
- **D** : value of Links (*no coördinates!*)

Individual Elements

- 1: coördinates of the individual elements
 - flexibility / balance / agility : only ID/# number
 - tumbling: only page
- A = PARTNER 1
B = PARTNER 2
C = PARTNER 3
D = PARTNER 4

1				
Value	A	B	C	D
SH			1	
Top		2		
Base		3		

Individual

1				
Value	A	B	C	D
SH			1	
Top				
Base				

! PLEASE use "open (new)box" for motions/transitions

	1				2				3				4				5				6				7				8				9				PARTICIPATION NUMBER	
																												COUNTRY										
VALUE SH TOP BASE																												GYMNASTS										
																												TOP										
																												BASE										
																												BASE										
	10				11				12				13				14				15				16				17				18				CONTACT PERSON	
																												NAME										
																												TEL										
																												COMPETITION										
VALUE SH TOP BASE																												LEVEL										
																												CATEGORY										
	19				20				21				22				23				24				25				26				27				EXERCISE	
																												DIFFICULTY										
VALUE SH TOP BASE																												D-SCORE										
																												DV										
																												VALUE										
																												BALANCE										
														TF:				SR:				SIZE:		DYNAMIC														
																						INDIVIDUAL																

New Element Registration Form 2025-2028



Federation:

Address for correspondence:

International Tel. No:

Email:

Event: PAIR / WG / MG / INDIV

Detailed drawing of the element requested, and suggested value for consideration

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**This form must be accompanied by an E-MAILED video of the NEW element.
The form and related documentation is submitted to the President AND to the Secretary of the FIG Acrobatics Technical Committee.**